



Expressive Self-Portraits Workshop

25 April 2026 14:30-17:30
PMQ - Staunton, Unit S511 5/F. Block A,
35 Aberdeen St, Central, Hong Kong

AH-HA Museum of Art

Funded by WCEYA



On 25 April 2026, we invite you to a heartfelt painting workshop where creativity meets reflection. With supportive art facilitators by your side, you'll learn techniques for self-reflective painting and receive thoughtful feedback in a kind and caring studio environment. Volunteers who enjoy artmaking and wish to contribute their self-portrait to the Ah-Ha Museum's research and publications are warmly invited.

If you believe art can heal, connect and spark change, let's paint, reflect, and make a meaningful impact together.

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Explore



Experience



Express

Expressive Self-Portraits Workshop Facilitator training Session on 25 April 2026



We are inviting compassionate facilitators to join our interdisciplinary team and lead emotionally informed workshop

Working alongside art educators and art therapists, you will support participants as they create "Self-Portraits" intended for future exhibition, research and publication.

At the trainer session on 25 April 2026, you will be shown how to deliver concise painting demonstrations, guide gentle reflective exercises, offer encouraging feedback, and hold respectful group sharing. We welcome volunteers who enjoy teamwork and have a heart for service. If you are interested in blending art creation with emotional well-being and contributing to meaningful social impact..... Join us !!